



2018 Skills Clinic

We are proud to announce that AGSL is sponsoring a skills clinic for the girls in our house league (A, AA and AAA levels).

There will be a registration table at the clinic to register your child if you have not already done so and any new girls that wish to register may do so.

Participants will be taught the basics with respect to fielding, throwing and running the bases. There will be three 15 minute stations. Ten minutes are allotted for warm up and 5 minutes of stretching/discussion to end the session. They will learn drills to work on at home as well. Glove and sneakers are required. Bat and/or helmet optional.

When:	Sunday, February 18, 2018
Time:	Grades K - 2 10:00 AM - 11:00 AM
	Grades 3 – 5 11:00 AM - 12:00 PM
Where:	North Amherst Recreation Center
Cost:	Free with prior registration or \$10.00 for those that have not registered

The clinic will be run by AGSL coaches and board members.

Registration will again be done online at the AGSL website www.amherstgirlssoftball.com. If you cannot register online, please contact Michelle Maccagnano at (716) 381-1588 or via email at mmaccagnano@aol.com

Space is limited. Register early to guarantee your spot.

The NARC is located at 4415 Millersport Hwy, E. Amherst, NY 14051. The entrance to the NARC parking lot is on New Rd. between Smith Rd. and Millersport Hwy.

Questions may be directed to Michelle Maccagnano mmaccagnano@aol.com